

United Powerlifting Association



## The 2016 UPA Illinois State Championships September 24th, 2016

### MEET DIRECTOR

Byron Hicks - Illinois UPA Chair  
Email [JakkedGym@Gmail.com](mailto:JakkedGym@Gmail.com) or call Tami Hicks @ 630-913-4492 for all inquiries.

### EVENT LOCATION

Jakked Hardcore Gym  
1450 S. East River Rd, Montgomery, IL 60538  
2 miles south of downtown Aurora, on the east bank of the river just past Mill St. Accessible from I-88 to the north and Route 30 to the south.

### ELIGIBILITY

All entries must have a valid UPA registration card and must present proof at weigh-in. Fee is \$30 per card, \$15 for High School divisions. Registration will be available at weigh-ins.

### WEIGH-IN

24-Hour Weigh-In Rule Applies

Weigh-Ins will be held at Jakked Hardcore Gym

All Lifters - Friday the 23rd @ 10AM - 1PM, 5PM - 8PM

### EVENT START TIME

All Lifters - Saturday the 24th at 10AM  
\*\* Mandatory Rules Meeting at 9:30AM \*\*

### CONTEST LIFTS

Full Power and Benchpress Only

### SESSIONS

All Squat, All Bench, All Deadlift, next will start as the previous completes

## ENTRY FEE

A fee of \$100 must accompany this entry form for Full Power or \$75 for Bench Press Only.

Add \$10 for a UPA-AD (tested) division. Add \$30 for each additional division. Add \$50 if entering both UPA and UPA-AD.

**A \$30 late fee will be charged for entries received after 9/3/16.**

**Absolutely No refunds on entry fees. \*\*\*NO EXCEPTIONS\*\*\***

No same-day entries will be accepted without prior approval from Byron Hicks.

## AWARDS

1st-3rd in Men's & Women's Open division by weight class & total.

1st-3rd all Age divisions by Schwartz Formula.

Best Lifters by Schwartz Formula.

## MEET HOTEL

No Official Hotel, numerous options available in the area at the intersection of I-88 and Orchard Rd or off of Rt.30, near Douglas Avenue.

## AIRPORTS

Chicago O'Hare International Airport (ORD)

## RULES

Check [www.upapower.com](http://www.upapower.com) for information and rulebook

## UNIFORM

Must have one piece lifting suit or wrestling singlet

# 2016 UPA Illinois State Championships

## September 24th, 2016

Mail Entry To:  
 Byron Hicks - UPA  
 1450 S. East River Rd Unit D  
 Montgomery, IL 60538

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First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone: \_\_\_\_\_ Alternate Phone: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age at time of competition: \_\_\_\_\_

Team: \_\_\_\_\_

Sponsors: \_\_\_\_\_

### Division

Full Power    Or     Bench Only

Raw            Or     Equipped

UPA            And/Or     UPA-AD

Open

Junior (20-23)

Teenage (circle one)  
 13-15    16-17    18-19

Masters (circle one)  
 33-39    40-44    45-49    50-54    55-59    60-64    65-69    70-74

### Weight Class (circle one)

Men	Women
114	97
123	105
132	114
148	123
165	132
181	148
198	165
220	181
242	198
275	SHW
308	
SHW	

UPA #: \_\_\_\_\_ Exp Date: \_\_\_\_\_

# Entry Fee

(Check All That Apply)

## Full Power

- UPA \$100
- UPA-AD \$110
- Both \$140

## Bench Only

- UPA \$75
- UPA-AD \$85
- Both \$115

- Addtl Division \$30 (\$40 UPA-AD) Division: \_\_\_\_\_
- Addtl Division \$30 (\$40 UPA-AD) Division: \_\_\_\_\_
- Addtl Division \$30 (\$40 UPA-AD) Division: \_\_\_\_\_

- UPA Card \$30
- Teen UPA Card \$15

- T-Shirts \$20 apiece Size(s): \_\_\_\_\_

Late Fee (after 9/3) \$30

Total: \_\_\_\_\_

Cash, Check or Paypal Accepted. You do not need to write a separate check for t-shirts.

- Make checks payable to Jakked Hardcore Gym
- Send payment to Paypal @ Jakkedgym@gmail.com (add 4 %)

## Release and Waiver

In consideration of the acceptance of this entry, I hereby for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damages I may have against the United Powerlifting Association LLC, Meet Director Byron Hicks, Jakked Hardcore Gym, event staff, their representatives, successors, and assigns for any and all injuries or bodily harm that I might suffer while competing at the UPA IL State Championships held on September 26th, 2015. I understand that powerlifting is a physically demanding sport with inherent risks and certify I am capable of participating.

I understand there is random drug testing by urinalysis on a minimum of 10% of all UPA-AD division lifters. The UPA will permanently ban from the UPA-AD division any lifter testing positive for a prohibited substance.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature if under 18 years old \_\_\_\_\_

Date \_\_\_\_\_

For updates on the meet go to [jakkedhardcore.com](http://jakkedhardcore.com)